

Category C – Individual Poem - Grades 7 & 8

**Sarah Morgenthal**  
**“I Run”**

One last deep breath before I start the next chapter in my life.

I sprint ahead with passion, fueled by a fire that burns inside.

With earth below my every step and wind blown in my face.

I will not let it slow me down, I must finish this race.

I pull myself, step over step, ahead as land passes by to

New fields of view and new chances too, that I face as the time expires.

But I do not forget what fuels me, not water, not food nor pride.

A desire propels my every step that no element can subside.

A hunger to reach something to get to something more.

To carve a path out for myself one I didn't have before.

My destiny is calling, I must push myself ahead

To reach the points that I believe will eliminate regret.

I run each day, I run each week, I run each month, I run every year

Towards goals in life both near and far, bringing purpose to why I'm here.

This race is never ending in all the days I've known.

And if I win or if I lose, this race was on my own.

The life I lead, the path I take, this is my day in the sun.

My only day, my only life, before my flame burns out

I run.

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